



# 2024

## Moda Health Medicare Supplement Plan

Plan F  
with Vision and Hearing

A handwritten signature in black ink, appearing to read "Scott Loftin".

Scott Loftin  
Senior Vice President

If for any reason a subscriber decides not to purchase this policy, they may return it to Moda Health within 30 days of delivery and have the premium paid refunded. Upon receipt, this policy will be deemed void from its effective date.

Health plans provided by Moda Health Plan, Inc.



This is a guaranteed renewable plan. The required premium for the plan is subject to change. Additional information about these disclosures is in Section 1 of this policy.

The vision and hearing benefits rider is not guaranteed renewable.

Handbooks and other services are available at [www.modahealth.com/medicare](http://www.modahealth.com/medicare).

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## **SECTION 1      DISCLOSURES**

### **1.1      30-DAY RIGHT TO EXAMINE THE POLICY**

If for any reason a subscriber decides not to purchase this policy, they may return it to Moda Health within 30 days of delivery and have the premium paid refunded. Upon receipt, this policy will be deemed void from its effective date and Moda Health will hold the position as if no policy had been issued. This policy, with a written request for withdrawal, must be sent to:

Moda Health  
Medicare Membership Accounting  
601 S.W. Second Ave.  
Portland, OR 97204

### **1.2      NOTICE TO BUYER**

The Plan may not cover all medical expenses.

### **1.3      ADDITIONAL DISCLOSURES**

The Plan is provided by Moda Health Plan, Inc.

The Plan is guaranteed renewable, which means Moda Health cannot refuse to renew the policy unless the subscriber does not pay the premiums on time, or if within 2 years of the date of application, it is discovered that the subscriber made material misrepresentations on the application. The vision and hearing benefits rider is not guaranteed renewable.

If this Policy has terminated because the premiums were not paid, Moda Health may choose to accept late premium at a later date and reinstate the policy as a one-time exception. The request for a one-time exception must be made within 60 days of the termination date. The reinstatement will be effective back to the date coverage terminated, provided the full premium for that full period is paid within the specified timeframe.

The required premium for the Plan is subject to change. Any change in premium will occur once in a 12-month period, and will apply to all subscribers insured under the Plan who reside in the state of Oregon. When the subscriber moves into the next age bracket of the rate table, premiums will change on the renewal date.

This policy is renewed each time a subscriber makes a timely premium payment.

Medicare may, from time to time, change its deductible and copayment amounts. When this happens, the Plan will automatically cover the changed amounts that are eligible for benefits.

At least 30 days prior to the annual renewal date, Moda Health will provide subscribers a written notice of any change in benefits.

Beginning 30 days before a subscriber's birthday, and for 30 days after, a subscriber may cancel this Policy and purchase another Medicare supplement policy with the same or lesser benefits.

## **1.4 MEMBER RESOURCES**

**Moda's Website** (log in to the Member Dashboard)  
[www.modahealth.com/medicare](http://www.modahealth.com/medicare)

### **Medical Customer Service Department**

Toll-free 844-235-8012;  
En Español 844-235-8012

### **Hearing Services Customer Service Department**

Toll-free 844-516-1478

### **Vision Care Services Customer Service Department**

Toll-free 800-877-7195

**Telecommunications Relay Service** for the hearing impaired  
711

### **Moda Health**

P.O. Box 40384  
Portland, Oregon 97240

## SECTION 2      DEFINITIONS

**Accident** means accidental bodily injury sustained by the subscriber that is the direct result of an accident, independent of disease or bodily infirmity or any other cause, and that occurs while insurance coverage is in force.

**Approved Amount** means the amount Medicare determines to be reasonable for a service that is covered under Medicare Part B. It may be less than the actual charge. For many services, including physician services, the approved amount is taken from a fee schedule that assigns a dollar value to all Medicare-covered services that are paid under that fee schedule.

**Assignment** means an arrangement in which a physician or medical supplier agrees to accept the Medicare-approved amount as full payment for services and supplies covered under Part B. Medicare usually pays 80% of the approved amount directly to the physician or supplier after the subscriber meets the annual Part B deductible. The subscriber pays the other 20%.

**Benefit Period** is a way of measuring a subscriber's use of hospital and skilled nursing facility services covered by Medicare. A benefit period begins the day the subscriber is hospitalized. It ends after the subscriber has been out of the hospital or other facility that primarily provides skilled nursing or rehabilitation services (or, if in the latter type of facility, has not received skilled care there) for 60 days in a row. If the subscriber is hospitalized after 60 days, a new benefit period begins, most Medicare Part A benefits are renewed, and the subscriber must pay a new inpatient hospital deductible. There is no limit to the number of benefit periods a subscriber can have.

**Coinsurance** is the portion or percentage of the Medicare approved amount that a subscriber is responsible for paying.

**Health care expenses** means expenses associated with the delivery of health care to the subscriber.

**Hospital** means a Medicare approved institution that provides care for which Medicare pays hospital benefits.

**Injury** means physical damage to the body inflicted by a foreign object, force, temperature or corrosive chemical that is the direct result of an accident, independent of illness or any other cause.

**Lifetime Reserve Days** are a lifetime reserve of 60 days for Medicare Part A inpatient hospital care. These days must be used whenever more than 90 days of inpatient hospital care are needed in a benefit period.

**Limiting Charge** is the maximum amount a physician may charge a Medicare beneficiary for a covered physician service if the physician does not accept assignment of Medicare claims. The limit is 15% above the fee schedule amount for non-participating physicians. Limiting charge information appears on the Medicare Summary Notice (MSN).

**Medicaid** is a program established under Title XIX of The Social Security Disability Act to help some people with limited income and resources regarding their medical costs.

**Medical Emergency** means the sudden and unexpected onset of symptoms, illness, injury or condition that would be deemed, under appropriate medical standards, to carry substantial risk of serious medical complication or permanent damage to the subscriber if care or services are withheld.

**Medicare** is Parts A and B of the insurance program established by Title XVIII, United States Social Security Act, as amended by 42 U.S.C. Sections 1394, et seq. and as later amended.

**Medicare Eligible Expenses** are expenses of the kind covered by Medicare to the extent recognized as reasonable and medically necessary by Medicare.

**Medicare Part A Inpatient Hospital Deductible** is the amount normally due from a subscriber upon first admission to a hospital in each benefit period, before benefits are available under Part A of Medicare.

**Medicare Part B Deductible** is the amount a subscriber must pay each calendar year before Part B of Medicare pays benefits for Medicare Part B expenses.

**Medicare Part B Excess Charge** is the amount for a service or supply that exceeds the Medicare approved amount. Physicians who do not accept assignment of a Medicare claim can charge a subscriber up to 15% more than the Medicare-approved amount. The Medicare approved amount is also called the limiting charge.

**Medicare Summary Notice (MSN)** is a form Medicare sends to a beneficiary every three months showing all services and supplies billed to Medicare during the 3-month period, what Medicare paid, and what the beneficiary may owe the provider.

**Moda Health** refers to Moda Health Plan, Inc.

**Newly Eligible** means an individual who became eligible for Medicare due to age, disability or end-stage renal disease on or after January 1, 2021.

**Physician** means a licensed practitioner of the healing arts acting within the scope of their license.

**Plan** means the Medicare supplement plan coverage provided under this policy.



**Policy** means the contract between the subscriber and Moda Health, which contains all the conditions of the insurance coverage. The policy includes this document, the health statement application with Moda Health and any declaration pages, addendums, endorsements, or amendments.

**Premium** means the periodic payment required from the subscriber in order for the subscriber to have coverage under the Plan.

**Rider** means the optional vision and hearing benefits that are supplemental to the Plan.

**Sickness** means illness or disease of the subscriber that manifests itself after the effective date of insurance and while the insurance is in force.

**Skilled Nursing Facility** is a facility that provides skilled nursing care and is approved for payment by Medicare.

**Subscriber** means the person in whose name the policy is issued following acceptance by Moda Health of that person's health statement application.

## **SECTION 3      SUMMARY OF BENEFITS**

This section lists the benefits under the Plan.

### **Plan F**

#### **3.1      CORE BENEFITS**

All Medicare supplement plans cover Core Benefits. Core Benefits are:

- a. The Part A hospital coinsurance amount for days 61 through 90 of hospitalization in each Medicare benefit period.
- b. The Part A hospital coinsurance amount for each of Medicare's 60 non-renewable lifetime hospital inpatient reserve days.
- c. 100% of the Medicare Part A eligible hospital expenses after all Medicare hospital benefits are exhausted. Coverage is limited to a maximum of 365 days of additional inpatient hospital care during the subscriber's lifetime. This benefit is paid at the rate Medicare pays hospitalization under the applicable prospective payment system (PPS) or another appropriate Medicare standard of payment.
- d. The first 3 pints of blood or equivalent quantities of packed red blood cells under both Part A and Part B per calendar year, unless replaced in accordance with federal regulations, and the coinsurance amount (20%) for additional pints of blood under Part B after the Part B deductible is met.
- e. The coinsurance or copayment amount of Medicare eligible expenses under Part B after the Medicare Part B deductible is met.
- f. The Part A eligible hospice care and respite care coinsurance amount.

#### **3.2      ADDITIONAL BENEFITS**

Plan F includes these additional benefits:

- a. The Medicare Part A inpatient hospital deductible.
- b. 100% of the Medicare Part B deductible per calendar year regardless of hospital confinement.

- c. 100% of Medicare Part B excess charges.
- d. The skilled nursing facility care coinsurance amount for days 21 through 100 per benefit period.
- e. Medically necessary emergency care in a foreign country at 80% after a \$250 calendar year deductible. This benefit is limited to a lifetime maximum of \$50,000.

Section 4 has additional details about the benefits under the Plan.

## **SECTION 4      BENEFIT DESCRIPTION**

For covered stays and care, the Plan will pay as shown in Section 3. Section 4 describes the conditions under which benefits are payable for each type of coverage available under the Plan.

Medicare eligible expenses are covered under Parts A and B of Medicare. Part A provides coverage for stays in a hospital or in a skilled nursing facility. Part B covers medical care services and supplies.

Benefits may be paid for any covered charge that is a Medicare eligible expense subject to the same conditions and exclusions that apply under Medicare.

### **4.1      HOSPITAL CARE**

For subscribers confined in a hospital, the benefit amounts as shown in Section 3 for a covered hospital stay will be paid if the following conditions are met:

- a. The hospital stay begins on or after the effective date of the policy.
- b. The hospital stay is covered under Part A of Medicare during a benefit period.
- c. If past day 90 in any one benefit period, the subscriber is utilizing lifetime reserve days;  
or
- d. If all Medicare hospital benefits are exhausted, the Plan will pay all Medicare Part A eligible expenses up to an additional 365 days of inpatient hospital care.

The service provider must accept the Plan's payment as payment in full and may not bill the subscriber for any balance.

### **4.2      MEDICAL CARE**

For medical care eligible for payment under Medicare Part B, the benefits as shown in Section 3 will be paid if the following conditions are met:

- a. Medicare Part B has paid a portion of the expenses when required by the Plan.
- b. Medical care received as an inpatient occurred during a stay which began on or after the effective date of the policy. Medical care received as an outpatient must be received on or after the effective date of the policy.

### **4.3 SKILLED NURSING FACILITY STAYS**

For skilled nursing facility stays, the Plan will pay the benefit amounts as shown in Section 3 for each covered confinement if the following conditions are met:

- a. The skilled nursing facility stay is covered under Part A of Medicare during a benefit period.
- b. The skilled nursing facility stay begins within 30 days after an inpatient hospital stay of 3 or more days in a row.
- c. If admitted to a skilled nursing facility more than once in a benefit period, the confinement is for the same condition as the first stay in the benefit period.
- d. Both the hospital and the skilled nursing facility stay must start while the subscriber is covered under the Plan.

### **4.4 EMERGENCY MEDICAL CARE IN FOREIGN COUNTRIES**

For emergency medical care in foreign countries, the Plan will pay the benefit amounts as shown in Section 3 if the following conditions are met:

- a. While on a trip outside the United States, the subscriber needs emergency care. Emergency care means care needed immediately because of an injury or an illness of sudden or unexpected onset.
- b. The emergency hospital, physician or medical care received in the foreign country would have been covered by Medicare if provided in the United States.
- c. The emergency medical care is not eligible for payment under any Medicare program.
- d. The emergency medical care begins during the first 60 days of a trip outside the United States.
- e. The emergency medical care lifetime maximum of \$50,000 has not been reached.
- f. The emergency medical care deductible of \$250 per calendar year has been satisfied.
- g. The emergency medical care is received on or after the effective date of the policy.

Benefits for emergency medical care in a foreign country are payable only to the subscriber in United States currency in an amount based on the bank transfer exchange rate in effect on the day the claim payment is processed in the United States.

## 4.5 VISION AND HEARING BENEFITS RIDER

The vision and hearing services rider outlined in section 4.5 is supplemental to the medical benefits provided by the Plan.

### VISION SERVICES

The rider pays for vision examinations and corrective lenses and frames. Routine vision services must be received from Vision Service Plan (VSP) Advantage network providers. Members can visit [www.vsp.com](http://www.vsp.com) or call 800-877-7195 to choose a VSP Advantage network vision care provider and arrange for vision services.

For members who are eligible for vision benefits, VSP will provide benefit authorization directly to the Advantage network doctor. When contacting an Advantage network doctor directly, members must identify themselves as VSP members so the doctor will obtain benefit authorization from VSP.

The following services and supplies are covered:

- a. One complete eye exam annually, including the charge for refraction
- b. One pair of frames from the Genesis Eyewear Collection are covered every 2 years
- c. One pair of corrective lenses are covered every 2 years. Lenses include basic single vision, lined bifocal, lined trifocal and lenticular lenses, standard progressive lenses and UV and scratch-resistant coatings.
- d. Prescription contact lens materials and services (fitting and evaluation) are covered every 2 years in lieu of frame & lenses

Services	Cost Sharing	Details
Well-vision exam	\$0 copayment	One per year
Lenses & frames	\$0 copayment	One pair every 2 years Frames from the Genesis Eyewear Collection \$50 retail allowance for frames outside the Genesis Eyewear Collection
Contacts (elective), including fitting and evaluation	\$0 copayment	Every 2 years, in lieu of frames and lenses Up to \$100 maximum

The following services and supplies are not covered:

- Services or materials not indicated as covered plan benefits
- Plano lenses with refractive correction of less than  $\pm 50$  diopter
- Two pairs of glasses instead of bifocals
- Replacement of lenses, frames or contacts

- Orthoptics, vision training or supplemental testing
- Insurance policies or services agreements for contact lens coverage
- Artistically painted or non-prescription contact lenses
- Additional office visits for contact lens pathology
- Refitting of contact lenses after the initial 90 day fitting period
- Contact lens modification, polishing or cleaning

**HEARING SERVICES BENEFIT**

The rider covers routine hearing aid examinations and hearing aids. Members must see a TruHearing provider to receive this benefit. Members can call 844-516-1478 to choose an in-network audiologist or hearing instrument specialist and arrange for a hearing exam. The TruHearing audiologist or hearing instrument specialist will assist members with choices of hearing aids. The TruHearing hearing services network has a selection of hearing aids available to members.

The following expenses are covered:

- One hearing exam and evaluation per year by a TruHearing provider
- One TruHearing-branded Advanced or Premium hearing aid per ear per year
- First year of follow-up provider visits with purchase
- 60-day trial period
- 3 year extended warranty
- 80 batteries per hearing aid for non-rechargeable models

Services	Cost Sharing	Details
Hearing aid exam	\$45 copayment	One per year
Hearing aids	\$699 copayment per aid for TruHearing Advanced Hearing Aids \$999 copayment per aid for TruHearing Premium Hearing Aids	Two TruHearing Advanced or Premium hearing aids every year (one per ear)

The following services and supplies are not covered:

- Ear molds
- Hearing aid accessories
- Additional provider visits
- Extra batteries
- Hearing aids that are not TruHearing Advanced or TruHearing Premium hearing aids obtained through TruHearing
- Costs associated with loss and damage warranty claims

## **SECTION 5      VALUE-ADDED SERVICES AND DISCOUNTS**

With enrollment in this Medicare supplement plan, members are provided with additional value-added services and discounts. Members can learn more about these discounts by visiting the Member Dashboard at [www.modahealth.com](http://www.modahealth.com).

These additional services are a complement to the Medicare supplement plan, but are not insurance. These services ends when coverage under the Plan ends. Moda Health may also discontinue these services for all policyholders. Before these services are discontinued, notice will be sent 30 days in advance.

### **5.1      GYM MEMBERSHIP THROUGH ACTIVE&FIT DIRECT**

The Active&Fit Direct program through American Specialty Health Fitness, Inc., a subsidiary of American Specialty Health Incorporated (ASH), offers membership at a fitness center or fitness studio, including:

- a. Access to over 16,000 fitness studios and fitness centers nationwide
- b. The option to change membership to a different fitness studio or fitness center at any time
- c. Access to over 4,000 digital workout videos and a library of digital resources and classes

To participate in the Active&Fit Direct program, the member is responsible for:

- a. A one-time enrollment fee of \$25 (plus applicable taxes based on the member's location). This is a one-time fee as long as the member continues their enrollment.
- b. A monthly membership fee of \$28 (plus applicable taxes based on the member's location)

ASH reserves the right to modify any aspect of the program (including, without limitation, the enrollment fee or monthly membership fee). If a fee is modified, ASH will provide members notice at least 30 days prior to the effective date of the change. Fitness centers, available amenities, and classes vary by location. Any non-standard services that typically require an additional fee are not included and not all fitness studios or fitness centers participate in the Active&Fit Direct program. The list of participating fitness centers is available on the Active&Fit website accessible through your Member Dashboard.

The Active&Fit Direct program is only available to members who are able to access the program through Member Dashboard at [www.modahealth.com](http://www.modahealth.com).



## **5.2 WELLNESS PRODUCTS AND SERVICES**

Members have access to the following health and wellness services through ChooseHealthy:

- a. Discounts on popular health and fitness brands
- b. Savings on services from specialty health practitioners including acupuncture, chiropractic and therapeutic massage
- c. Access to no-cost online health classes

The ChooseHealthy program, provided by ChooseHealthy, Inc., a subsidiary of American Specialty Health Incorporated (ASH), is available at no additional cost to members. The ChooseHealthy program is only available to members who are able to access the program through Member Dashboard at [www.modahealth.com](http://www.modahealth.com).

## **5.3 TRAVEL ASSISTANCE SERVICES**

Members have access to some travel assistance services through Assist America. These services include, but are not limited to:

- a. Medical consultation, evaluation and referral
- b. Foreign hospital admission assistance
- c. Emergency medical evacuation
- d. Arrangements for the member to be transported home or to a rehabilitation facility upon being discharged from the hospital.
- e. Lost luggage and document assistance
- f. Interpreter and legal referral

These travel assistance services are automatically available when members enroll in this plan. Members do not have to accept or decline the services. Also, there is no additional cost for members to use the services.

Members can use the services while traveling more than 100 miles from their permanent home or outside of the United States. Services will not be provided for trips exceeding 90 days from the member's legal residence.

To activate these services, members can call Assist America at 800-872-1414, or reach Assist America by email at [medservices@assistamerica.com](mailto:medservices@assistamerica.com).

#### **5.4 24-HOUR NURSE ADVICE LINE**

Members can use the toll-free 24-hour Nurse Advice Line to speak with a registered nurse. The 24-hour Nurse Advice Line is available at no additional cost to members by calling 800-501-5046.

By calling the Nurse Advisory Line, members can:

- a. Access a registered nurse, 24 hours a day, 365 days a year
- b. Receive answers and advice about non-critical medical issues

#### **5.5 INDIVIDUAL ASSISTANCE PROGRAM (IAP)**

The Moda Health Individual Assistance Program (IAP), offered by Canopy, is a free and confidential service that provides confidential counseling services to members on a variety of personal concerns including, marital conflict, depression or anxiety, stress management, family relationships, financial matters, legal concerns and alcohol or drug abuse. IAP services are available to members by calling 800-826-9231, emailing [info@canopywell.com](mailto:info@canopywell.com) or visiting the website [canopywell.com](http://canopywell.com).

Services provided include:

- a. Up to 3 in person, telephone or online counseling sessions per incident,
- b. Crisis counseling,
- c. Up to 3 office or telephone legal consultations per year,
- d. Unlimited financial coaching, and
- e. One 60-minute consultation for identity theft services.

#### **5.6 ARRAYRX DISCOUNT CARD**

Members living in Oregon may sign up for the ArrayRx discount card at no additional cost. This card may provide members with additional savings on prescription medications. ArrayRx services are available by calling 800-913-4146 or visiting [www.arrayrxcard.com](http://www.arrayrxcard.com).

## **SECTION 6      GENERAL EXCLUSIONS**

### **At-Home Recovery Care**

No benefits are available for short term, at-home assistance provided by a home health aide, homemaker, personal care aide, or nurse for activities of daily living. Activities of daily living include but are not limited to bathing, dressing, personal hygiene, transferring, eating, ambulating, assistance with drugs that are normally self-administered, and changing bandages or other dressings.

### **Care Provided Without Charge**

No benefits are provided for stays, care, or visits for which no charge would be made to the subscriber in the absence of insurance.

### **Duplicate Benefits**

In no event will medical payment under the Plan duplicate any amounts payable under Medicare.

### **Government Hospitals**

The Plan will not cover a stay, service, supply, or facility provided by a hospital or other institution owned or operated by a national government or any other government, unless payment of the charge is required by law.

### **Outpatient Prescription Drugs**

No benefits are provided for outpatient prescription drugs, except outpatient drugs covered by Medicare Part A for hospice care.

### **Preventive Medical Care**

Only preventive services covered under Medicare Part B are eligible for benefits.

### **Services Not Covered by Medicare**

No benefits are provided for charges that are not covered expenses under the subscriber's Medicare plan, unless otherwise specifically stated in this handbook.

### **Workers' Compensation**

The Plan will not cover any injury or sickness for which the subscriber is entitled to any benefits under workers' compensation or similar law.

## **SECTION 7 ELIGIBILITY**

### **7.1 WHO IS ELIGIBLE FOR COVERAGE**

Any person who is an Oregon resident within the first 6 months of enrolling in Medicare Part B may enroll in any of the supplement plans offered by Moda Health. Those who have Medicare by reason of disability and would like additional information about the plans available should contact the Senior Health Insurance Benefits Assistance (SHIBA) program at 800-722-4134.

### **7.2 BENEFITS AFTER COVERAGE STOPS**

If the policy is terminated, coverage ends on the date the policy ends. However, if the subscriber is in the hospital on the day the policy ends, the Plan will continue to pay toward covered expenses for that hospitalization until discharged from the hospital or benefits are exhausted, whichever comes first. This is the only situation in which the Plan will pay toward an expense incurred while a person is not covered.

### **7.3 PRE-EXISTING CONDITION LIMITATION**

The Plan does not cover expenses incurred for pre-existing conditions during the 6 month period immediately following a subscriber's effective date.

A pre-existing condition is a condition for which medical advice or treatment was recommended by or received from a physician during the 6 month period immediately preceding the subscriber's effective date. Any stay beginning or medical expenses incurred after the first 6 months from the effective date will be considered for coverage.

### **7.4 GUARANTEED ISSUE WITHOUT PRE-EXISTING CONDITION LIMITATION**

The pre-existing condition limitation does not apply to any person who, on the date they apply for a Medicare supplement plan, has at least 6 continuous months of creditable coverage as defined by the Health Insurance Portability and Accountability Act of 1996. Persons having fewer than 6 months of such coverage are entitled to have the period of any pre-existing condition limitation reduced by creditable coverage. Each day of creditable coverage that a person has will reduce the exclusion period by one day. Any period of creditable coverage that is preceded by a significant break in coverage cannot be used to reduce the pre-existing period. A significant break in coverage means a period of 63 consecutive days during all of which a person does not have any creditable coverage in effect.

## **SECTION 8 CLAIMS ADMINISTRATION & PAYMENT**

### **8.1 CLAIM FILING**

Electronic claims filing is available. Before the Plan can pay any benefits, the provider of service must file a claim for those expenses with Medicare. Moda Health must receive notification from the Medicare carrier of its payment. If a bill is electronically filed, it will say “This claim has been forwarded to your secondary Medicare payor.”

If a subscriber has a claim to submit to Moda Health, it can be mailed, along with the Medicare Summary Notice, to:

Moda Health  
PO Box 40384  
Portland, OR 97240

In no event, except absence of legal capacity, is a claim valid if submitted later than 12 months from the date the expense was incurred.

Only those charges determined by Medicare to be Medicare eligible expenses will be covered under the Plan.

#### **8.1.1 Out-of-Country Foreign Claims**

Out-of-country care is only covered for emergency or urgent care situations. When care is received outside the United States, the subscriber must provide all of the following information to Moda Health:

- a. Patient’s name, subscriber’s name, and group and identification numbers
- b. Statement explaining where the subscriber was and why they sought care
- c. Copy of the medical record (translated is preferred if available)
- d. Itemized bill for each date of service
- e. Proof of payment in the form of a credit card/bank statement or cancelled check

### **8.2 PAYMENT OF CLAIM**

Benefits payable under the Plan will be paid to whoever received the Medicare benefits. Foreign travel emergency care benefits will be payable directly to the subscriber.

#### **8.2.1 Explanation of Benefits (EOB)**

Soon after receiving a claim, Moda Health will report its action on the claim by providing the subscriber a document called an Explanation of Benefits (EOB). Subscribers are encouraged to access their EOBs electronically by signing up through the Member Dashboard. Moda Health may

pay claims, deny them, or accumulate them toward satisfying the deductible. If all or part of a claim is denied, the reason will be stated in the EOB.

If the subscriber does not receive an EOB or an email indicating that an EOB is available within a few weeks of the date of service, this may indicate that Moda Health has not received the claim. To be eligible for reimbursement, claims must be received within the claim submission period explained in section 8.1.

### **8.2.2 Claim Inquiries**

Customer Service can answer questions about how to file a claim, the status of a pending claim, or any action taken on a claim. The phone numbers are found in section 1.4.

## **8.3 LEGAL ACTIONS**

Subscribers cannot bring any action at law or in equity for any benefits under the Plan until 60 days after filing a claim. No such action can be brought once 3 years have passed from the date the claim was required to have been filed.

## **8.4 THIRD-PARTY LIABILITY**

A subscriber may have a legal right to recover benefits or healthcare costs from a third party as a result of a medical condition for which benefits or healthcare costs were paid by Moda Health. The Plan does not cover benefits for which a third party may be legally liable, except for those related to a motor vehicle accident (see section 8.4.4). Because recovery from a third party may be difficult and take a long time, as a service to the subscriber, Moda Health will pay a subscriber's expenses based on the understanding and agreement that Moda Health is entitled to be reimbursed for any benefits it paid that are associated with any medical condition that are or may be recoverable from a third party or other source.

The subscriber agrees that Moda Health has the remedies and rights as stated in this section. Moda Health may seek recovery under one or more of the procedures outlined in this section. The subscriber agrees to do whatever is necessary to fully secure and protect, and to do nothing to prejudice, Moda Health's right of reimbursement or subrogation as discussed in this section. Moda Health has discretion to interpret and construe these recovery and subrogation provisions.

### **8.4.1 Definitions**

For purposes of section 8.4, the following definitions apply:

**Benefits** means any amount paid by Moda Health, or submitted to Moda Health for payment to or on behalf of the subscriber. Bills, statements or invoices submitted to Moda Health by a provider of services, supplies or facilities to or on behalf of a subscriber are considered requests for payment of benefits by the subscriber.

**Third Party** means any person or entity responsible for the medical condition, or the aggravation of a medical condition, of the subscriber. Third party includes any insurer of such person or entity, including different forms of liability insurance, or any other form of insurance that may pay money to or on behalf of the subscriber including uninsured motorist coverage, under-insured motorist coverage, premises med-pay coverage, PIP coverage, and workers' compensation insurance.

**Third Party Claim** means any claim, lawsuit, settlement, award, verdict, judgment, arbitration decision or other action against a third party (or any right to assert the foregoing) by or on behalf of a subscriber.

#### **8.4.2 Subrogation**

Upon payment by the Plan, Moda Health has the right to pursue the third party in its own name or in the name of the subscriber. The subscriber shall do whatever is necessary to secure such rights and do nothing to prejudice them. Moda Health may pursue the third party in its own name, or in the name of the subscriber. Moda Health is entitled to all subrogation rights and remedies under the common and statutory law, as well as under the Plan.

#### **8.4.3 Right of Recovery**

In addition to its subrogation rights, Moda Health may, at its sole discretion and option, require the subscriber, and their attorney, if any, protect its recovery rights. The following rules apply to all recovery except for those related to motor vehicle accidents (see section 8.4.4):

- a. The subscriber holds any rights of recovery against the third party in trust for Moda Health, but only for the amount of benefits Moda Health paid for that medical condition.
- b. Moda Health is entitled to receive the amount of benefits it has paid for that medical condition out of any settlement or judgment that results from exercising the right of recovery against the third party. This is so regardless of whether the third party admits liability or asserts that the subscriber is also at fault. In addition, Moda Health is entitled to receive the amount of benefits it has paid whether the health care expenses are itemized or expressly excluded in the third party recovery.
- c. If Moda Health asks the subscriber and their attorney to protect its reimbursement rights under this section, then the subscriber may subtract from the money to be paid back to Moda Health a proportionate share of reasonable attorney fees as an expense for collecting from the other party.
- d. This right of recovery includes the full amount of the benefits paid, or pending payment by Moda Health, out of any recovery made by the subscriber from the third party, including without limitation any and all amounts paid or payable to the subscriber (including their legal representatives, estate or heirs, or any trust established for the purpose of paying for the future income, care or medical expenses of the subscriber), regardless of the characterization of the recovery, whether or not the subscriber is made

whole, or whether or not any amounts are paid or payable directly by the third party, an insurer or another source. Moda Health's recovery rights will not be reduced due to the subscriber's own negligence.

- e. If it is reasonable to expect that the subscriber will incur future expenses for which benefits might be paid by Moda Health, the subscriber shall seek recovery of such future expenses in any third party claim.

#### **8.4.4 Motor Vehicle Accidents**

If a claim for healthcare expenses arising out of a motor vehicle accident is filed with Moda Health and motor vehicle insurance has not yet paid, then Moda Health will advance benefits. Moda Health retains the right to repayment of any benefits paid from the proceeds of any settlement, judgement or other payment received by the subscriber that exceeds the amount that fully compensates the subscriber for their motor vehicle accident related injuries.

If Moda Health requires the subscriber or their attorney to protect its recovery rights under this section, then the subscriber may subtract from the money to be paid back to Moda Health a proportionate share of reasonable attorney fees as an expense for collecting from the other party.

The subscriber shall do whatever is proper to secure, and may not prejudice, the rights of Moda Health under this section.

#### **8.4.5 Additional Third Party Liability Provisions**

Subscribers shall comply with the following and agree that Moda Health may do one or more of the following at its discretion:

- a. The subscriber and their representatives shall have the obligation to notify Moda Health in advance of any claim (written or oral) and/or any lawsuit made against a third party seeking recovery of any damages from the third party, whether or not the subscriber is seeking recovery of benefits paid by Moda Health from the third party.
- b. The subscriber shall cooperate with Moda Health to protect its recovery rights, and in addition, but not by way of limitation, shall:
  - i. Sign and deliver such documents as Moda Health reasonably requires to protect its rights, including a Third Party Recovery Questionnaire and Agreement. If the subscriber has retained an attorney then the attorney must also sign the agreement.
  - ii. Provide any information to Moda Health relevant to the application of the provisions of section 8.4, including medical information (such as doctors' reports, chart notes, diagnostic test results, etc.), settlement correspondence, copies of pleadings or demands, and settlement agreements, releases or judgments.



- iii. Notify Moda Health of the potential third party claim. The subscriber has this responsibility even if the first request for payment of benefits is a bill or invoice submitted to Moda Health by the subscriber's provider.
  - iv. Take such actions as Moda Health may reasonably request to assist Moda Health in enforcing its third party recovery rights.
- c. By accepting the payment of benefits by Moda Health, the subscriber agrees that Moda Health has the right to intervene in any lawsuit or arbitration filed by or on behalf of a subscriber seeking damages from a third party.
- d. The subscriber agrees that Moda Health may notify any third party, or third party's representatives or insurers, of its recovery rights set forth in section 8.4.
- e. Even without the subscriber's written authorization, Moda Health may release to, or obtain from, any other insurer, organization or person, any information it needs to carry out the provisions of section 8.4.
- f. Section 8.4 applies to any subscriber for whom advance payment of benefits is made by Moda Health whether or not the event giving rise to the subscriber's injuries occurred before the subscriber became covered by Moda Health.
- g. If the subscriber continues to receive treatment for a medical condition after obtaining a settlement or recovery from a third party, the Plan will provide benefits for the continuing treatment of that medical condition only to the extent that the subscriber can establish that any sums that may have been recovered from the third party have been exhausted.
- h. If the subscriber or the subscriber's representatives fail to do any of the above mentioned acts, then Moda Health has the right to not advance payment or to suspend payment of any benefits, or to recover any benefits it has advanced, for any medical condition resulting from the event giving rise to, or the allegations in, the third party claim except for claims related to motor vehicle accidents (see section 8.4.4). Moda Health may notify medical providers seeking authorization of payment of benefits that all payments have been suspended and may not be paid.
- i. Coordination of benefits (where the subscriber has healthcare coverage under more than one plan or health insurance policy) is not considered a third party claim.

## **SECTION 9 MISCELLANEOUS PROVISIONS**

### **9.1 WHEN MEDICARE IS SECONDARY**

When Medicare becomes a secondary payer because of benefits from other plans or coverage, benefits payable under the Plan will be paid as if Medicare's normal Part A and Part B benefits had not been reduced.

### **9.2 NON-DUPLICATION OF BENEFITS**

Services are eligible for only one type of benefit under the Plan. For example, if a service is defined as skilled nursing facility care, it is reimbursed under that benefit only.

### **9.3 EFFECT OF CHANGE OF PLAN**

If on the effective date the subscriber has changed to the Plan from any other Moda Health supplement plan, no benefits will be paid under the Plan for any stay or care to the extent that benefits are paid under the prior plan.

### **9.4 GRACE PERIOD**

Upon payment of the first premium, subscribers have 31 days after the premium due date to pay any subsequent required premium. Coverage under the Plan will stay in force until the end of this period. The premium must be paid for coverage in force during the grace period. If the Plan is replaced with any other health plan, coverage under the Plan will stop on the effective date of the new plan and the 31 day grace period will not apply.

### **9.5 VOLUNTARY TERMINATION**

Subscribers wanting to terminate coverage under the Plan must provide written notice to Moda Health 30 days in advance of the desired termination date.

### **9.6 MEDICAID**

Benefits and premiums under the Plan will be suspended during a subscriber's entitlement to benefits under Medicaid for up to 24 months. This suspension must be requested within 90 days of becoming eligible for Medicaid. If no longer entitled to Medicaid, coverage will be reinstated if the subscriber makes a request for reinstatement within 90 days of the date they are no longer

entitled to Medicaid. Coverage may be reinstated as of the date Medicaid entitlement is lost if premiums due for that period are paid. If reinstatement is requested, the reinstated coverage:

- a. Shall not require any new waiting period with respect to treatment of pre-existing conditions.
- b. Shall provide coverage under the same plan (if available), or under a plan which provides substantially equivalent coverage.

## **9.7 MISSTATEMENT OF AGE**

Misstating the subscriber's age at the time of enrollment may impact their coverage, premium and benefits. If the subscriber's age was misstated and the policy would not have been issued had the correct age been known, the policy is void. Moda Health will refund all premiums paid under the policy.

## **9.8 RECOVERY OF CLAIMS PAID**

If Moda Health makes a payment with respect to services and such payment is not required according to the terms of the Plan, Moda Health has the right to recover such payment from any of the following:

- a. Any person to or for or with respect to whom the payments were made
- b. Any insurance companies
- c. Any other organization or person

## **9.9 CONFIDENTIALITY OF MEMBER INFORMATION**

Keeping a subscriber's protected health information confidential is very important to Moda Health. Protected health information includes enrollment, claims, and medical and dental information. Moda Health uses such information internally for claims payment, referrals and authorization of services, and business operations such as case management and quality management programs. Moda Health does not sell this information. The Notice of Privacy Practices provides more detail about how Moda Health uses subscribers' information. A copy of the notice is available on the Moda Health website by following the HIPAA link or by calling Moda Health at 855-425-4192.

## **9.10 HOUSEHOLD PREMIUM DISCOUNT**

Members are eligible for a household premium discount if they reside with at least one other Moda Health Medicare supplement member. The discount will be applied to at most three eligible members per household and may include the applicant's spouse, dependent, or other permanent resident of their home. The household discount will only be applicable if a Moda Health supplement policy is issued to each applicant. Moda Health may request additional documentation to determine eligibility.

The household premium discount will end if the other adult no longer resides in the home, including in the case of their death or moving to a nursing home. The discount will be removed effective the first of the following month.

# Nondiscrimination notice

**We follow federal civil rights laws. We do not discriminate based on race, religion, color, national origin, age, disability, gender identity, sex or sexual orientation.**

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

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## **If you need any of the above, call:**

**Medicare Customer Service,**  
877-299-9062 (TDD/TTY 711)

**Medicaid Customer Service,**  
888-788-9821 (TDD/TTY 711)

**Customer Service for all other plans,**  
888-217-2363 (TDD/TTY 711)

**If you think we did not offer these services or discriminated, you can file a written complaint. Please mail or fax it to:**

Moda Partners, Inc.  
Attention: Appeal Unit  
601 SW Second Ave.  
Portland, OR 97204  
Fax: 503-412-4003

## **If you need help filing a complaint, please call Customer Service.**

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at [ocrportal.hhs.gov/ocr/portal/lobby.jsf](https://ocrportal.hhs.gov/ocr/portal/lobby.jsf), or by mail or phone:

U.S. Department of Health  
and Human Services  
200 Independence Ave. SW, Room 509F  
HHH Building, Washington, DC 20201  
800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at [hhs.gov/ocr/office/file/index.html](https://hhs.gov/ocr/office/file/index.html).

## **Scott White coordinates our nondiscrimination work:**

Scott White,  
Compliance Officer  
601 SW Second Ave.  
Portland, OR 97204  
855-232-9111  
[compliance@modahealth.com](mailto:compliance@modahealth.com)

[modahealth.com](https://modahealth.com)

Dental plans in Oregon provided by Oregon Dental Service, dba Delta Dental Plan of Oregon. Dental plans in Alaska provided by Delta Dental of Alaska. Health plans provided by Moda Health Plan, Inc. Individual medical plans in Alaska provided by Moda Assurance Company.



ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-877-605-3229 (TTY: 711).

CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Gọi 1-877-605-3229 (TTY:711)

注意：如果您說中文，可得到免費語言幫助服務。請致電1-877-605-3229（聾啞人專用：711）

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 1-877-605-3229 (TTY: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711)

تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم (الهاتف النصي: 711) 1-877-605-3229

ہوتے ہیں تو سانی (URDU) توجہ دیں: اگر آپ اردو اعانت آپ کے لیے بلا معاوضہ دستیاب ہے۔ پر کال کریں 1-877-605-3229 (TTY: 711)

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 1-877-605-3229 (текстовый телефон: 711).

ATTENTION : si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 1-877-605-3229 (TTY : 711)

توجہ: در صورتی کہ بہ فارسی صحبت می کنید، خدمات ترجمہ بہ صورت رایگان برای شما موجود است. با تماس بگیرید. (TTY: 711) 1-877-605-3229

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपको भाषाई सहायता बिना कोई पैसा दिए उपलब्ध है। 1-877-605-3229 पर कॉल करें (TTY: 711)

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistentendienste zur Verfügung. Rufen sie 1-877-605-3229 (TTY: 711)

注意：日本語をご希望の方には、日本語サービスを無料で提供しております。1-877-605-3229（TTY、テレタイプライターをご利用の方は711）までお電話ください。

အကူအညီ: ဤတမ်း (ဇာပိုင်အင်္ဂလိပ်ဘာသာဖြင့် အင်္ဂလိပ် ဗဟိုဝန်ထမ်းများ၏ အကူအညီ အဖွဲ့) အဖွဲ့သည် ဤတမ်းကို အခမဲ့အဖြစ် အကူအညီ ပေးပါမည်။ ဖုန်းနံပါတ် 1-877-605-3229 (TTY: 711) နှင့် ခေါ်ဆိုပါ။

ໂປດຊາວ: ຖ້າທ່ານເວົ້າພາສາລາວ, ການຊ່ວຍເຫຼືອດ້ານພາສາແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສັຍຄ່າ. ໂທ 1-877-605-3229 (TTY: 711)

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 1-877-605-3229 (TTY: 711)

ATENȚIE: Dacă vorbiți limba română, vă punem la dispoziție serviciul de asistență lingvistică în mod gratuit. Sunați la 1-877-605-3229 (TTY 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 1-877-605-3229 (TTY: 711)

ត្រូវចងចាំ: បើអ្នកនិយាយភាសាខ្មែរ ហើយត្រូវការសេវាកម្មជំនួយផ្នែកភាសាដោយឥតគិតថ្លៃ គឺមានផ្តល់ជូនលោកអ្នក។ សូមទូរស័ព្ទទៅកាន់លេខ 1-877-605-3229 (TTY: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 1-877-605-3229 (TTY:711) tiin bilbilaa.

โปรดทราบ: หากคุณพูดภาษาไทย คุณสามารถใช้บริการช่วยเหลือด้านภาษาได้ฟรี โทร 1-877-605-3229 (TTY: 711)

FA'AUTAGIA: Afai e te tautala i le gagana Samoa, o loo avanoa fesoasoani tau gagana mo oe e le totogia. Vala'au i le 1-877-605-3229 (TTY: 711)

IPANGAG: Nu agsasaoka iti Ilocano, sidadaan ti tulong iti lengguahe para kenka nga awan bayadna. Umawag iti 1-877-605-3229 (TTY: 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 1-877-605-3229 (obsługa TTY: 711)



For help, call us directly at 844-235-8012.  
(En Español: 844-235-8012)

P.O. Box 40384  
Portland, OR 97240

[modahealth.com/medicare](https://modahealth.com/medicare)

