

## MODA HEALTH OEGB WELLNESS FUNDS

Research has shown that our health, well-being, and productivity is directly influenced by our environment, we are more likely to adopt healthy behaviors when our workplace supports healthy behaviors. Here at Moda Health, we're committed to promoting a culture of health and well-being for all our members. We are pleased to offer OEGB entities funding that supports creating happier and healthier workplaces.

### Wellness Funds Guidelines

- Wellness Funds are for entities seeking support with their workplace health and wellness efforts.
- All employees in an entity must benefit equitably from the funds and have access to participate in the activity, event, or program for which the funds are used.
- An entity may submit one application for up to \$10,000 per calendar year and must use any awarded funds within one year of application approval. Funds do not roll over.
- Funding is to be used for programmatic use through Moda Health.
- Programmatic use includes a definite start and end date, defined activities, and methods for measuring outcomes and program success.
- Funding is awarded on a first qualified, first served basis. Priority will be given to new applicants and applicants not currently funded through other grant/funding programs.
- If receiving other grant or funding concurrently, funds will be dedicated to separate projects.
- Funds used for personal items (e.g., water bottles, yoga mats) must be minimal and complement the activity, event, program to which the majority of funds are being allocated. Personal items must be given to all employees and the cost must total to < \$50.00 per employee.
- The wellness opportunities need to be offered to all employees and any needed supplies must be purchased for all interested participants and must total to < \$50.00 per employee.
- Wellness funds are **not** eligible for use as cash, gift cards, clothing, incentive-related rewards, or individual-based rewards, lodging, decorations, employee salaries, professional development/continuing education courses, and supplies or items to restock classroom/staff/meeting lounges.
- The entity must outline intended use for funds and proposed initiatives on the application. With the ongoing changes due to COVID-19, we understand proposed initiatives are subject to change.
- The entity must complete the employee interest survey provided by Moda Health prior to applying.
- If awarded Wellness Funds, the entity agrees to:
  - Collaborate and engage with the Health Promotion & Wellness Consultant throughout the funding process.
  - Submit an evaluation form within 30 days of utilizing all awarded funds.
- All federal and state statutes/regulations and entity regulations need to be followed.
- Moda Health recommends recipients of wellness funds consult with their tax advisor to determine if funds are taxable.
- Moda Health reserves the right to change or modify the application.

## Application Process

1. Reach out to the Moda Health OEBB Health Promotion & Wellness Consulting team, [oebbwellnessprogram@modahealth.com](mailto:oebbwellnessprogram@modahealth.com)
2. Schedule a meeting to review Well@Work and begin the partnering process.
3. Complete Moda Health employee interest survey to gather data about your entity and determine specific needs.
4. Review the survey results and key outcomes with your Health Promotion & Wellness Consultant.
5. Identify what types of needs, funding, opportunities, and services are needed to support your entity.
6. Complete the Wellness Funds application:
  - Submit to your Health Promotion & Wellness Consultant.
  - Applications will be reviewed by the Moda Health OEBB Health Promotion & Wellness Consulting team.
  - You will be notified within 30 business days if your application is approved.