# Affinity Individual & family

moda

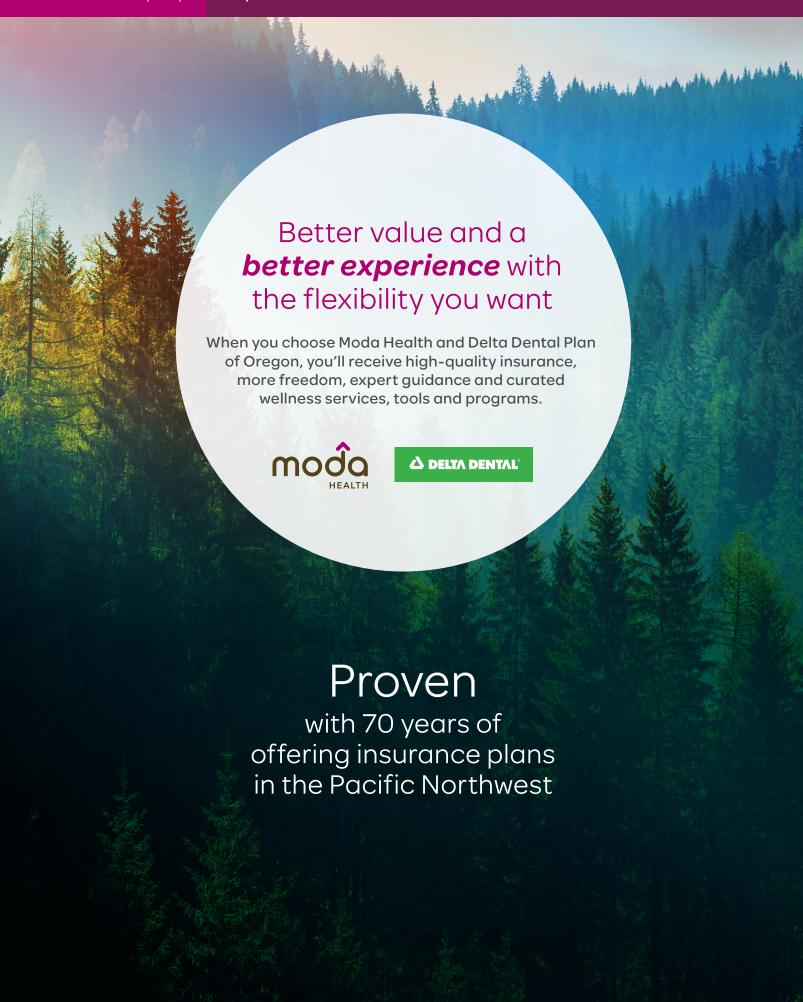
Choose a better experience with your *health insurance* 

△ DELTA DENTAL®





modahealth.com/shop Experience better with Moda Health Experience better with Moda Health



# Plans that put you first



#### **Preventive care**

Preventive exams, women's annual exams, well-baby care and many immunizations and screenings, so you can stay healthy



#### **Prescription benefits**

Comprehensive prescription drug coverage and an online drug list tool modahealth.com/pdl, so you can confirm what's covered



#### △ DELTA DENTAL®

## One of the largest networks of dentists

Experience top-of-the-line dental care from one of the largest networks of dentists in Oregon and across the country.

Prefer the predictability of a smaller, interconnected network? Choose our Willamette Dental Network! (see pg. 13 for details)



#### 24/7 doctor access

CirrusMD app, so you can connect to a doctor in under a minute, anytime, anywhere, at no cost except for High Deductible Health Plans (HDHP)



Choose a better experience.

Enroll today at modahealth.com/shop

modahealth.com/shop

Insurance can be confusing. We want to make the experience better by helping you understand your choices.

When selecting your plan, you want to know:





Is my provider in my network?

Learn more on page 10.

?

How does the plan work?

Look at our plan comparison chart on page 14.

?

Are my medications covered?

Look them up on the medication search page at modahealth.com/pdl.

?

Where can I find medical plan rates and premium details for my family?

Visit modahealth.com/shop.

Affinity plans are Exclusive Provider Organization (EPO) plans with a premier network of local providers.

Affinity prioritizes both your well-being and your budget.

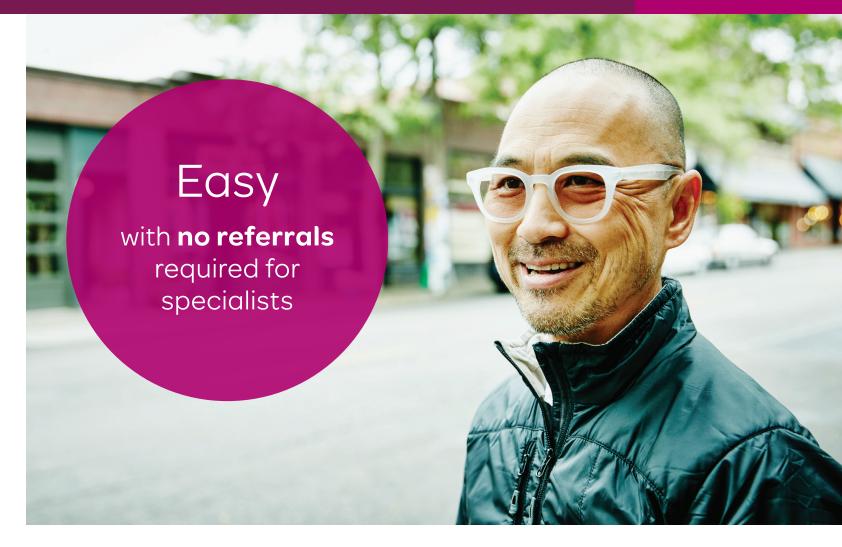
If your current doctor isn't in-network, our selection process makes it easy to switch to one who is.



**In-network** means the doctors and facilities meet certain requirements and agree to accept a discounted rate for services under your plan.



**Out-of-network** means the doctor or facility is not contracted with your health plan and can charge you full price for services. Care from out-of-network providers are not covered on Affinity plans.



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### Which is right for you?

Learn more, starting on page 14.

	Gold	Silver	Bronze
Monthly premium	\$\$\$	\$\$	\$
Out-of-pocket costs	\$	\$\$	\$\$\$
Great if you	use a lot healthcare		use a little healthcare



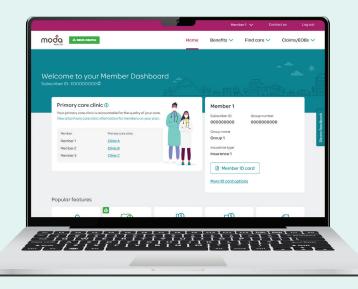


Make your selection at modahealth.com/shop

# Member perks to reach your health goals

Save money as you work toward better health with exclusive discounts, programs and tools for members.







#### Tools

Health assessments

Prescription price check

Text a doctor 24/7



#### **Discounts**

Gym memberships

Alternative care (acupuncture, chiropractic and therapeutic massage)

Popular health and fitness brands (Vitamix® and Garmin®)



#### **Coaching and care**

Health coaching

Care coordination

Individual Assistance Program (including work issues, family relationships, depression, anxiety and grief)

Emergency medical assistance when traveling



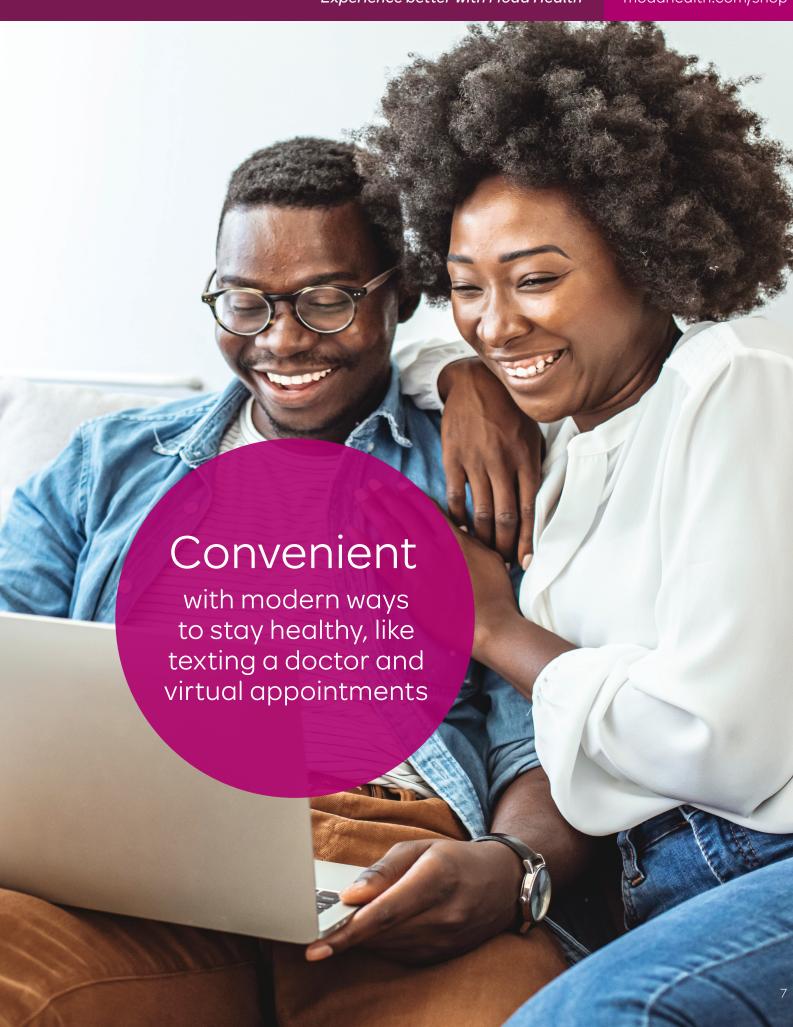
#### Mental health support

12 weeks of mobile therapy from a private therapist through your smartphone

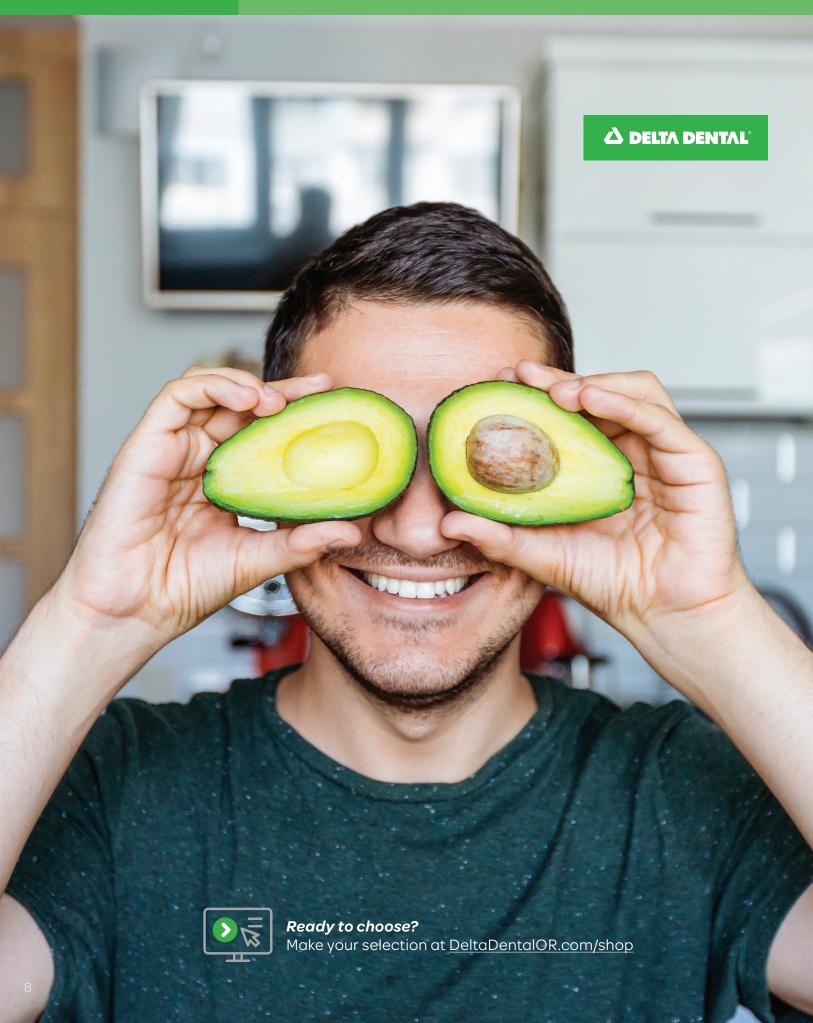


#### Choose a better experience.

Enroll today at modahealth.com/shop



DeltaDentalOR.com/shop Quality coverage for your smile DeltaDentalOR.com/shop



# Quality coverage for your smile

We also offer dental insurance options. This way, your whole health is covered.

With Delta Dental, you'll have access to one of the nation's largest dental networks. That means you can choose from thousands of dentists across the state and the country. We also offer the Willamette Dental Network, a self-contained network of nearly 50 locations across the Pacific Northwest.



Savings from in-network dentists



Annual cleanings

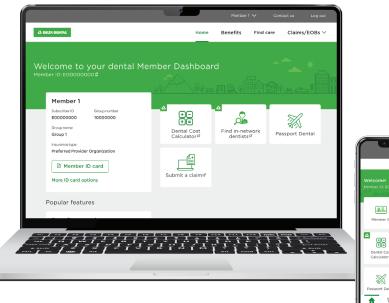


Superior customer service

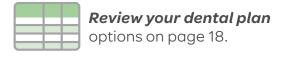


Freedom to choose a dentist

Our dental plans include *useful* online tools, resources and special programs for those of you who may need extra attention for your pearly whites.

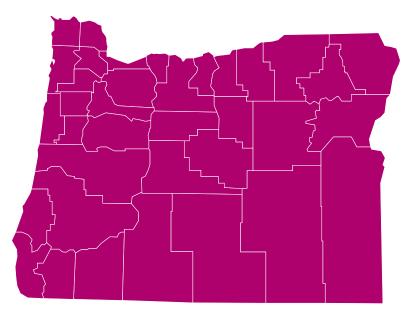






# A network that connects you to care

The Moda Health Affinity EPO plans cover care when you see providers in the Moda Health Affinity Network. We've carefully selected a community of primary care providers (PCPs), specialists and partner health systems, so you'll have better value and better care.



The **Moda** Health **Affinity** Network is available statewide



#### Are some services available out-of-network?

Out-of-network service is covered for medical emergency services, retail pharmacy services, and services at an in-network facility when you cannot choose an in-network provider.

#### I'm traveling outside the service area. Can I still get care?

Yes! While traveling outside of the service area, members can receive emergency or urgent care through the Aetna® PPO Network.

Here are some of our larger in-network hospital partners:

























10







Adventist Health Portland Hillsboro Medical Center













11

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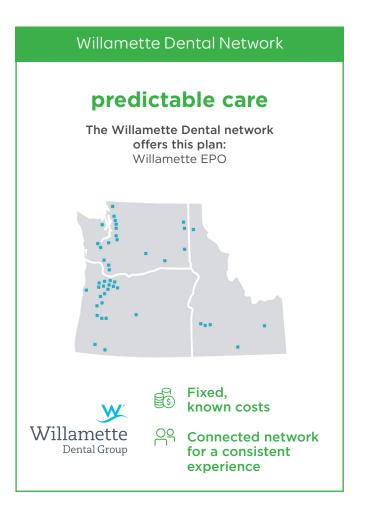
#### **Delta Dental Networks**

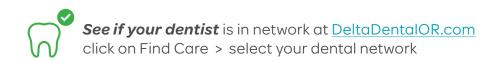
With thousands of dentists across the state and country, In-network dentists agree to accept our contracted fees as full payment, saving you out-of-pocket costs.

### Delta Dental **Premier**® Network Delta Dental **PPO™** Network bigger savings more choice The Delta Dental PPO™ Network The Delta Dental Premier® Network offers these dental plans: offers this dental plan: Delta Dental EPO • Delta Dental PPO™ Delta Dental Premier® 1000 Delta Dental PPO™ MAC Delta Dental PPO™ Bright Smiles Slightly higher cost Lowest cost! Largest Large network dental network of dentists in Oregon

#### Willamette Dental Network

Visit any Willamette Dental dentist at nearly 50 offices across the Pacific Northwest for personalized care at predictable costs. You'll feel at ease knowing exactly what to expect.







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## 2025 *Medical plan* benefit table

#### Direct plans Silver plans Silver plans Moda Health Oregon Oregon Affinity Standard Standard Silver 2900 Silver 3500 Silver 3650 Silver 4400 Gold 250 Gold 1000 Gold 1500 Silver 3000 Silver 3400 Silver 4500 Silver 6000 Silver Affinity Gold Affinity Direct Direct Direct Direct What you pay for the in-network care you receive each year \$1,500 Deductible per person \$250 \$1,000 \$1,500 \$5,500 \$3,000 \$3,400 \$4,500 \$6,000 \$2,900 \$3,500 \$3,650 \$4,400 Deductible per family \$3.000 \$500 \$2,000 \$3,000 \$11,000 \$6,000 \$6,800 \$9,000 \$12,000 \$5,800 \$7,000 \$7.300 \$8,800 \$7,000 \$8,500 \$8,850 \$7,900 \$9,200 \$8,400 \$8.250 \$7,600 \$7,800 \$8,700 \$8,700 \$9,000 \$8,150 Out-of-pocket max per person Out-of-pocket max per family \$14,000 \$17,000 \$17,700 \$15,800 \$18,400 \$16,800 \$16,500 \$15,200 \$15,600 \$17,400 \$17,400 \$18,000 \$16,300 Out-of-network benefits available\* Benefits that make up your plan and what you pay Primary care provider \$15 per visit \$15 per visit \$40 per visit \$35 per visit \$30 per visit \$15 per visit \$35 per visit \$35 per visit \$40 per visit \$20 per visit \$20 per visit \$35 per visit \$35 per visit (PCP) office visit Specialist office visit \$40 per visit \$30 per visit \$70 per visit \$80 per visit \$70 per visit \$40 per visit \$30 per visit \$80 per visit \$65 per visit \$40 per visit \$70 per visit \$60 per visit \$30 per visit \$30 per visit \$70 per visit. \$70 per visit \$70 per visit \$70 per visit \$70 per visit \$80 per visit \$70 per visit \$65 per visit \$20 per visit \$10 per visit \$10 per visit \$10 per visit \$40 per visit \$10 per visit \$40 per visit \$10 per visit 25% after 15% after 20% after 35% after 35% after 20% after 35% after 35% after 35% after 35% after 20% after 30% after 35% after Emergency room visit deductible Acupuncture and spinal \$20 per visit \$20 per visit \$15 per visit \$15 per visit \$40 per visit \$35 per visit \$30 per visit \$35 per visit \$15 per visit \$35 per visit \$35 per visit \$40 per visit \$35 per visit manipulation services Behavioral health office visit<sup>1</sup> \$20 per visit \$20 per visit \$15 per visit \$15 per visit \$40 per visit \$35 per visit \$30 per visit \$35 per visit \$15 per visit \$35 per visit \$35 per visit \$40 per visit \$35 per visit Outpatient rehabilitation \$20 per visit \$40 per visit \$30 per visit \$30 per visit \$40 per visit \$70 per visit \$65 per visit \$70 per visit \$70 per visit \$70 per visit \$70 per visit \$40 per visit \$70 per visit 20% after 25% after 15% after 20% after 30% after 35% after 35% after 35% after 20% after 35% after 35% after 35% after 35% after Inpatient/outpatient care deductible Pharmacy benefits<sup>2</sup> \$10 \$2 \$2 \$2 \$15 \$2 \$2 \$2 \$2 \$2 \$2 \$15 \$2 \$10 \$10 \$10 \$10 \$15 \$20 \$20 \$20 \$20 \$20 \$20 \$15 \$20 \$30 40% 40% 40% \$60 40% 40% 40% 40% 40% 40% 40% \$60

#### Things to consider when choosing your plan

Features and special benefits included in your plan

Non-preferred specialty<sup>3</sup>

Urgent care visit

Virtual care visit

Value

Select

Preferred

Non-preferred

Preferred specialty<sup>3</sup>



50%

50%



50%

40%

50%



50%

40%

50%



50%

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deductible

40%

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#### **Plan highlights**



#### EPO plans

Providers outside of the Moda Health Affinity Network are not covered, and you will be responsible for the full cost of out-of-network care. except for the following: medical emergency services. retail pharmacy services, and services at an in-network

choose an in-network provider.\* Some exceptions do apply

facility when you cannot

Scan the QR code, then click the Summary of Benefits (SOB) link to view detailed information on each plan





#### Direct plans

Direct plans are only available for purchase through Moda Health. They are not available at healthcare.gov.



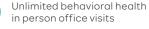
#### Choose a PCP

To help you manage your health, you will be required to select an in-network PCP



#### Included with all plans







Up to 30 outpatient rehabilitation and 30 habilitation visits in a calendar year



Up to 12 acupuncture and 20 spinal manipulation visits in a calendar year











50% after

deductible

40%

50% after

deductible







50% after

deductible

40%

50% after

deductible



50%

40%

50%





These benefits and Moda Health Plan policies are subject to change in order to be compliant with state and federal guidelines. This document provides summaries of various health plans and is not a contract. If there is any discrepancy between the summaries and the contract, it is the contract

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## 2025 *Medical plan* benefit table

	Bronze plans						
	Moda Health Oregon Standard Bronze Affinity	Moda Health Affinity Bronze 7750	Moda Health Affinity Bronze 9000	Moda Health Affinity Bronze HDHP 7500			
What you pay for the <b>in-network</b> care you receive each year							
Deductible per person	\$9,200	\$7,750	\$9,000	\$7,500			
Deductible per family	\$18,400	\$15,500	\$18,000	\$15,000			
Out-of-pocket max per person	\$9,200	\$8,500	\$9,200	\$7,500			
Out-of-pocket max per family	\$18,400	\$17,000	\$18,400	\$15,000			
Out-of-network benefits available*	×	×	×	×			
Benefits that make up your plan and what you pay							
Primary care provider (PCP) office visit <sup>1</sup>	\$50 per visit	\$85 per visit	\$80 per visit	0% after deductible			
Specialist office visit	\$150 per visit	\$140 per visit	\$135 per visit	0% after deductible			
Urgent care visit	\$100 per visit	\$140 per visit	\$135 per visit	0% after deductible			
Virtual care visit <sup>1</sup>	\$50 per visit	\$10 per visit	\$10 per visit	0% after deductible			
Emergency room visit	0% after deductible	45% after deductible	20% after deductible	0% after deductible			
Acupuncture and spinal manipulation services	\$50 per visit	\$85 per visit	\$80 per visit	0% after deductible			
Behavioral health office visit <sup>1</sup>	\$50 per visit	\$85 per visit	\$80 per visit	0% after deductible			
Outpatient rehabilitation	\$50 per visit	\$140 per visit	\$135 per visit	0% after deductible			
Inpatient/outpatient care	0% after deductible	45% after deductible	20% after deductible	0% after deductible			
Pharmacy benefits <sup>2</sup>							
Value	\$25	\$2	\$2	\$2			
Select	\$25	40%	40%	0% after deductible			
Preferred	0% after deductible	40% after deductible	40% after deductible	0% after deductible			
Non-preferred	0% after deductible	50% after deductible	50% after deductible	0% after deductible			
Preferred specialty	0% after deductible	40% after deductible	40% after deductible	0% after deductible			
Non-preferred specialty	0% after deductible	50% after deductible	50% after deductible	0% after deductible			
Things to consider when ch	Things to consider when choosing your plan						
Features and special benefits included in your plan		1 PCP +	1 PCP +	HSA PCP			

#### **Plan highlights**



#### EPO plans

Providers outside of the Moda Health Affinity Network are <u>not</u> covered, and you will be responsible for the full cost of out-of-network care, except for the following: medical emergency services, retail pharmacy services, and services at an in-network facility when you cannot choose an in-network provider.\* Some exceptions do apply.

Scan the QR code, then click the Summary of Benefits (SOB) link to view detailed information on each plan.





#### Choose a PCP

To help you manage your health, you will be required to select an in-network PCP



#### Health savings account

Our health savings account (HSA)-compatible, high-deductible health plan (Bronze HDHP 7500) gives you flexibility and choice. You have the freedom to choose any financial institution for your HSA. You can use HSA tax-free dollars to pay for deductibles, coinsurance and other qualified expenses not covered by your health plan.



#### Included with all plans



Unlimited behavioral health in person office visits



Up to 30 outpatient rehabilitation and 30 habilitation visits in a calendar year



Up to 12 acupuncture and 20 spinal manipulation visits in a calendar year



#### How can an HSA work for me?

modahealth.com/shop

A health savings account (HSA) is a great way to save money for medical expenses now and in the future. It offers three tax advantages:

- 1 No taxes when you put money in
- 2 No taxes on earnings
- 3 No taxes when you use it for qualified medical expenses



17

1 For non-HDHP plans, first 3 visits (including in person or virtual primary care visits and behavioral health office visits) \$5/visit 2 One copay per 30-day supply. \$35 maximum per 30-day supply of insulin

These benefits and Moda Health Plan policies are subject to change in order to be compliant with state and federal guidelines. This document provides summaries of various health plans and is not a contract. If there is any discrepancy between the summaries and the contract, it is the contract that will control.



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Quality coverage for your smile DeltaDentalOR.com/shop Quality coverage for your smile DeltaDentalOR.com/shop

## 2025 **Dental plan** benefit table

						N A A A A A A A A A A A A A A A A A A A				
							Special Youth	n-Only Plan	Direct Only Non-Certified Plan	
	Delta Den	tal EPO <sup>1,2,3</sup>	Delta Dent	al PPO™ <sup>1,2,3</sup>	Delta Dental	PPO™ MAC <sup>1,2,3</sup>	Delta Dental PPO™ Bright Smiles ³		Delta Dental Premier® 1000 <sup>4,5,6</sup>	
Benefits covered for	Ages 0-18	Ages 19+	Ages 0-18	Ages 19+	Ages 0-18	Ages 19+	Ages 0-18 only (adults not covered)	Ages 19+ (not covered)	All ages	
What you pay for the in-network care you receive each year — out-of-network services may be covered at a different rate										
Deductible (per person / family)	4	60	\$	0	\$	0	\$0	Not covered	\$50 / \$150 for all ages	
Annual maximum (age 19+)	\$1,	500	\$1,000		\$1,200		N/A	Not covered	\$1,000 for all ages	
Out-of-pocket maximum per person (ages 0-18, in-network only)	\$425 for 1 member \$850 for 2+ members		\$425 for 1 member \$850 for 2+ members		\$425 for 1 member \$850 for 2+ members		\$425 for 1 member \$850 for 2+ members	Not covered	N/A	
Out-of-network benefits available		X.		<b>⊘</b>		<b>⊘</b>	Not covered	<b>⊘</b>		
Class 1			1				'			
Exams and X-rays	0%	0%	0%	25%	0%	0%	0%	Not covered	0%	
Cleanings	0%	0%	0%	25%	0%	0%	0%	Not covered	0%	
Periodontal maintenance	0%	0%	0%	25%	0%	0%	0%	Not covered	0%	
Sealants	0%	0%	0%	25%	0%	0%	0%	Not covered	0%	
Topical fluoride	0%	0%	0%	25%	0%	0%	0%	Not covered	0%	
Class 2										
Space maintainers	30%	Not covered	75%	Not covered	30%	Not covered	75%	Not covered	20% after deductible	
Restorative fillings	30%	30%	75%	40%	30%	40%	75%	Not covered	20% after deductible	
Class 3										
Oral surgery	50%	50%	75%	50%	50%	50%	75%	Not covered	50% after deductible	
Endodontics	50%	50%	75%	50%	50%	50%	75%	Not covered	50% after deductible	
Periodontics	50%	50%	75%	50%	50%	50%	75%	Not covered	50% after deductible	
Restorative crowns	50%	50%	75%	50%	50%	50%	75%	Not covered	50% after deductible	
Bridges	Not covered	50%	Not covered	50%	Not covered	50%	Not covered	Not covered	50% after deductible	
Partial and complete dentures	50%	50%	75%	50%	50%	50%	75%	Not covered	50% after deductible	
Anesthesia	50%	50%	75%	50%	50%	50%	75%	Not covered	50% after deductible	
Orthodontia	50%	Not covered	75%	Not covered	50%	Not covered	75%	Not covered	Not covered	
Features										
Provider network (in-network)	Delta Dental	PPO™ Network	Delta Dental F	PPO™ Network	Delta Dental F	PPO™ Network	Delta Dental PF	O™ Network	Delta Dental Premier® Network	
Service area  All except Grant, Harney, Union and Wheeler		State	ewide		ant, Harney, d Wheeler	Statev	ride	Statewide		

#### **Plan highlights**



#### Bright Smiles

Bright Smiles is a special youthonly Delta Dental Premier® plan for ages 0-18. No benefits will be paid for members 19+ enrolled in this plan.



#### Premier® 1000

Delta Dental Premier® 1000 is a Non-Certified dental plan, that does not include the ACA Pediatric benefits. Members of any age can enroll in this plan. Only available direct at DeltaDentalOR.com/shop.



#### Out-of-network available

For out-of-network benefits, scan the QR code, then click the Summary 回数:回 of Benefits (SOB) link for detailed information on each plan.

1 For Class 2 services, 6-month exclusion period applies for ages 19 and over. Exclusion periods may be waived with one year of prior dental coverage, and no more than a 90-day break in coverage from the end of the old policy to the effective date of the new Delta Dental policy. For PPO plans, the exclusion period also applies to out-of-network services for under age 19. 2 For Class 3 services, 12-month exclusion period applies for ages 19 and over. Exclusion periods may be waived with one year of prior dental coverage, and no more than a 90-day break in coverage from the end of the old policy to the effective date of the new Delta Dental policy. For PPO plans, the exclusion period also applies to out-of-network services for under age 19. 3 Only medically necessary orthodontia to treat cleft palate is covered. 4 For Class 2 services, 6-month exclusion period applies if the member does not have one year of prior dental coverage with no more than a 90-day break in coverage from the end of the old policy to the effective date of the new Delta Dental policy. 5 For Class 3 services, 12-month exclusion period applies if the member does not have one year of prior dental coverage with no more than a 90-day break in coverage from the end of the old policy to the effective date of the new Delta Dental policy. 6 Pediatric limitations do not apply. Follow Delta Dental standard limitations. standard limitations.

These benefits and Delta Dental Plan of Oregon policies are subject to change in order to be compliant with state and federal guidelines. This document provides summaries of various dental plans and is not a contract. If there is any discrepancy between the summaries and the contract, it is the contract that will contract.

Quality coverage for your smile DeltaDentalOR.com/shop Quality coverage for your smile DeltaDentalOR.com/shop

# Great value for individuals and families

Discover the value of personalized, evidence-based care and predictable costs. Willamette Dental makes dental care better and easier for individuals and families.

#### When selecting your dental plan, you want to know:







#### What will my dental costs be?

With this plan, you always know your out-of-pocket costs. No surprises, no guessing. It's clear and simple.



#### What if I need more than preventive dental care?

This plan has no annual maximums. It covers all the dental work you need, when you need it.



#### Does this plan cover braces for me and my kids?

This is our only Delta Dental plan that covers orthodontic treatment for both kids and adults. Everyone's covered for braces and more, no matter your age.



#### What happens if I visit a different dentist in the network?

Every Willamette Dental dentist in the network is connected and follows the same philosophy of care. This way, whatever dentist or location you choose, you don't have to fill out new forms or answer extra questions. It's easy and familiar every time.



#### With Willamette **Dental Network**

#### Willamette EPO 1, 2, 3, 4, 5

Benefits covered for	Allages

What you pay for the *in-network* care you receive each year

Deductible (per person/family)	<b>\$</b> ∪
Annual maximum	No annual maximum
Out-of-pocket maximum per person	N/A
Out-of-network benefits available	Emorgonovanly

Class 1			
General office visit	\$25 per visit		
Specialist office visit	\$35 per visit		
Exams and X-rays	\$0		
Cleanings	\$0		
Periodontal maintenance	\$0		
Sealants	\$15 per tooth		
Topical fluoride \$15			
Class 2			
Space maintainers	\$0		
Restorative filings	\$45 to \$80 per tooth		
Class 3			
Oral surgery \$50 to \$190 per tooth			
Endodontics	\$70 to \$425 per tooth		
Deriodenties	\$100 to \$225 per guadrant		

#### Periodontics \$100 to \$325 per quadrant Restorative crowns \$500 per tooth \$500 Bridges Partial and complete dentures \$600 Not covered Anesthesia

#### **Features**

Orthodontia

Provider network (in-network)	Willamette Dental Network		
Service area	Oregon, Washington and Idaho locations		

\$2,800

#### **Plan highlights**



Our Willamette EPO plan offers a network of dentists that provide quality, predictable care with no out-of-pocket surprises. You can visit any dentist or office in the Willamette Dental Network that's convenient for you and know what to expect - every time.



#### No annual maximum

Enjoy **peace of mind** with no annual maximum and predictable costs for covered services.



#### Orthodontic care for all ages

Need braces or aligners? Orthodontic treatment is covered for both kids and adults.



#### No out-of-network benefits

You **must** seek care from a Willamette Dental dentist or office to enjoy the benefits.

1 General office visit copay applies to each office visit for emergency, general or orthodontic treatment. 2 Specialist office visit copay applies to each office visit for specialty treatment including endodontic services, oral surgery, periodontic services or prosthodontic services. 3 Crowns, in-lays, onlays, dentures, bridges and orthodontic services available after a 12-month exclusion period. The exclusion period applies if the member does not have one year of prior dental coverage with no break in coverage on the effective date of the new Delta Dental policy. 4 Pre-orthodontic service copay applies to comprehensive orthodontia copay if the member accepts treatment plan. 5 Out-of-network benefit is only available for a dental emergency when the member is 50 miles or more from any Willamette Dental office.

These benefits and Delta Dental Plan of Oregon policies are subject to change in order to be compliant with state and federal guidelines. This document provides summaries of various dental plans and is not a contract. If there is any discrepancy between the summaries and the contract, it is the contract that will control.

# Calculate what you pay each month

Our plans offer competitive premiums — the amount you pay each month for coverage. If you want great benefits and value, you're in good hands.

When selecting your dental plan, you want to know:





#### Who are these premiums for?

These premiums apply to members who live in Oregon.



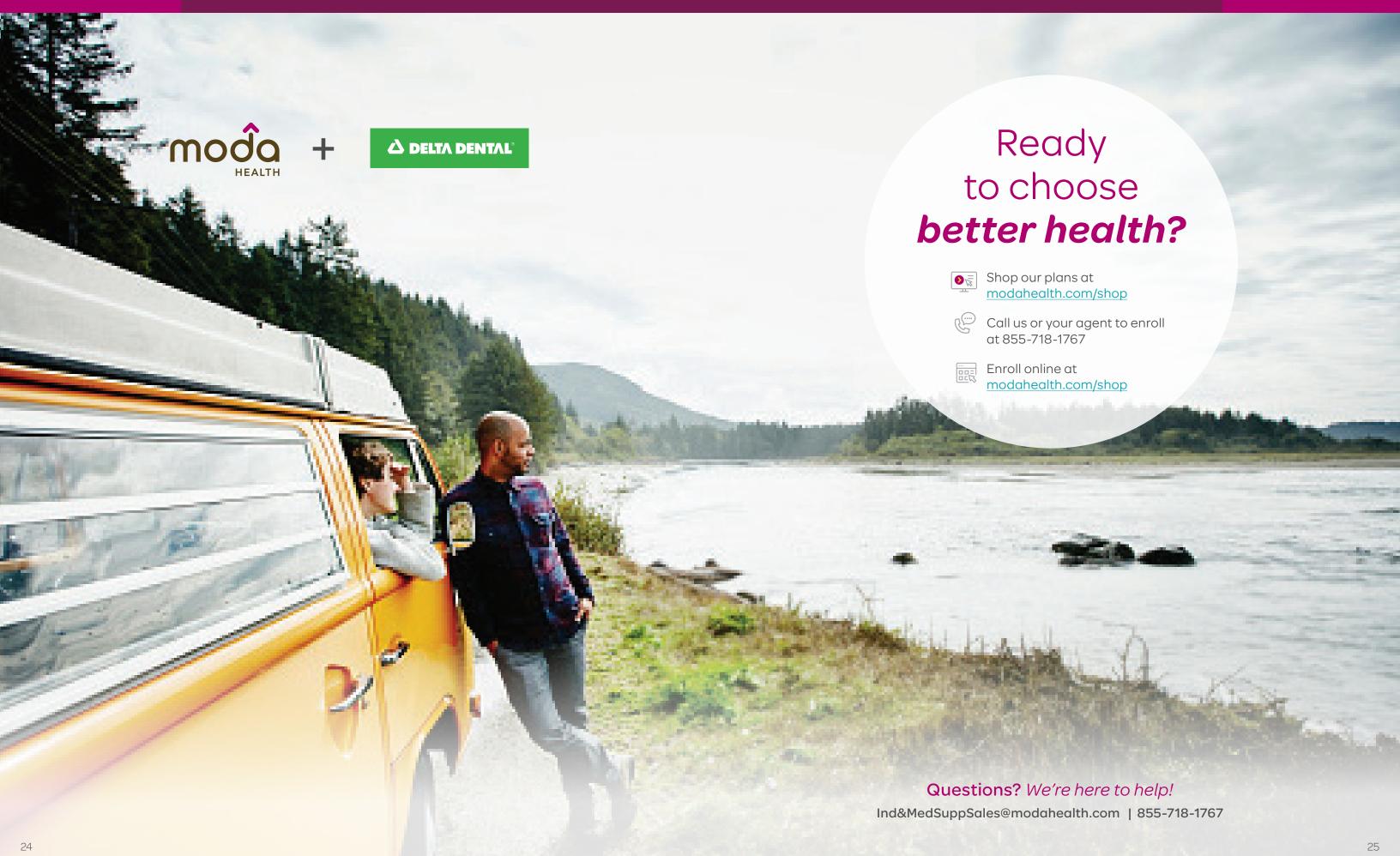
#### What affects my premium?

The plan, your age and the ages of your dependents may affect your premium amount. If you have more than three dependents under age 21 on the plan, you will only be charged a premium for the first three. Child dependents ages 21 through 25 have a premium based on their actual age. Having a birthday during a plan year won't affect your current premium. When you renew your plan in January, your premium will reflect the current plan amount for your age.

2025 plan rates (Premiums effective Jan. 1, 2025 through Dec. 31, 2025)									
Age	Delta Dental EPO         Delta Dental PPO™         Delta Dental PPO™ MAC         Delta Dental PPO™ Bright Smiles         Delta Dental Premier® 1000         Wi								
0-18									
19-24									
25-29	)	Dental Rates TBD							
30-34	1								
35-39	)								
40-44	1								
45-49	9								
50-54	1								
55-59	)								
60-63	3								
64+									



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### Nondiscrimination notice

We follow federal civil rights laws. We do not discriminate based on race, religion, color, national origin, age, disability, gender identity, sex or sexual orientation.

We provide free services to people with disabilities so that they can communicate with us. These include sign language interpreters and other forms of communication.

If your first language is not English, we will give you free interpretation services and/or materials in other languages.

#### If you need any of the above, call:

888-217-2363 (TDD/TTY 711)

If you think we did not offer these services or discriminated, you can file a written complaint.
Please mail or fax it to:

Moda Partners, Inc. Attention: Appeal Unit 601 SW Second Ave. Portland, OR 97204 Fax: 503-412-4003

# If you need help filing a complaint, please call Customer Service.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services Office for Civil Rights at ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone:

U.S. Department of Health and Human Services 200 Independence Ave. SW, Room 509F HHH Building, Washington, DC 20201 800-368-1019, 800-537-7697 (TDD)

You can get Office for Civil Rights complaint forms at hhs.gov/ocr/office/file/index.html.

# Scott White coordinates our nondiscrimination work:

Scott White, Compliance Officer 601 SW Second Ave. Portland, OR 97204 855-232-9111 compliance@modahealth.com

modahealth.com

Dental plans in Oregon provided by Oregon Dental Service, dba Delta Dental Plan of Oregon. Dental plans in Alaska provided by Delta Dental of Alaska. Delta Dental is a trademark of Delta Dental Plans





ATENCIÓN: Si habla español, hay disponibles servicios de ayuda con el idioma sin costo alguno para usted. Llame al 1-877-605-3229 (TTY: 711).

CHÚ Ý: Nếu bạn nói tiếng Việt, có dịch vụ hổ trợ ngôn ngữ miễn phí cho bạn. Goi 1-877-605-3229 (TTY:711)

注意:如果您說中文,可得到免費語言幫助服務。 請致電1-877-605-3229(聾啞人專用:711)

주의: 한국어로 무료 언어 지원 서비스를 이용하시려면 다음 연락처로 연락해주시기 바랍니다. 전화 1-877-605-3229 (TTY: 711)

PAUNAWA: Kung nagsasalita ka ng Tagalog, ang mga serbisyong tulong sa wika, ay walang bayad, at magagamit mo. Tumawag sa numerong 1-877-605-3229 (TTY: 711)

تنبيه: إذا كنت تتحدث العربية، فهناك خدمات مساعدة لغوية متاحة لك مجانًا. اتصل برقم 222-605-711 (الهاتف النصى: 711)

بولتے ہیں تو ل انی (URDU) توجب دیں: اگر آپ اردو اعسانت آپ کے لیے بلا معساوضہ دستیاب ہے۔ پر کال کریں (TTY: 711) 257-605-1-877

ВНИМАНИЕ! Если Вы говорите по-русски, воспользуйтесь бесплатной языковой поддержкой. Позвоните по тел. 1-877-605-3229 (текстовый телефон: 711).

ATTENTION: si vous êtes locuteurs francophones, le service d'assistance linguistique gratuit est disponible. Appelez au 1-877-605-3229 (TTY: 711)

توجه: در صورتی که به فارسی صحبت می کنید، خدمات ترجمه به صورت رایگان برای شما موجود است. با 222-605-717) تماس بگیرید.

ध्यान दें: यदि आप हिंदी बोलते हैं, तो आपको भाषाई सहायता बिना कोई पैसा दिए उपलब्ध है। 1-877-605-3229 पर कॉल करें (TTY: 711)

Achtung: Falls Sie Deutsch sprechen, stehen Ihnen kostenlos Sprachassistenzdienste zur Verfügung. Rufen sie 1-877-605-3229 (TTY: 711)

注意:日本語をご希望の方には、日本語 サービスを無料で提供しております。 1-877-605-3229 (TYY、テレタイプライター をご利用の方は711)までお電話ください。 અગત્યનું: જો તમે (ભાષાં તર કરેલ ભાષા અહીં દશાર્વો) બોલો છો તો તે ભાષામાં તમારે માટે વિના મૂલ્યે સહાય ઉપલબ્ધ છે. 1-877-605-3229 (TTY: 711) પર કૉલ કરો

ໂປດຊາບ: ຖ້າທ່ານເວົ້າພາສາລາວ, ການຊ່ວຍເຫຼືອ ດ້ານພາສາແມ່ນມີໃຫ້ທ່ານໂດຍບໍ່ເສັຍຄ່າ. ໂທ 1-877-605-3229 (TTY: 711)

УВАГА! Якщо ви говорите українською, для вас доступні безкоштовні консультації рідною мовою. Зателефонуйте 1-877-605-3229 (ТТҮ: 711)

ATENŢIE: Dacă vorbiţi limba română, vă punem la dispoziţie serviciul de asistenţă lingvistică în mod gratuit. Sunaţi la 1-877-605-3229 (TTY 711)

THOV CEEB TOOM: Yog hais tias koj hais lus Hmoob, muaj cov kev pab cuam txhais lus, pub dawb rau koj. Hu rau 1-877-605-3229 (TTY: 711)

ត្រវចងចាំ៖ បើអ្នកនិយាយភាសាខ្មែរ ហើយ ត្រ័វការសេវាកម្មជំនួយផ្នែកភាសាដោយ ឥតគិតថ្លៃ គឺមានផ្តល់ជូនលោកអ្នក។ សូមទូរស័ព្ទ ទៅកាន់លេខ 1-877-605-3229 (TTY: 711)

HUBACHIISA: Yoo afaan Kshtik kan dubbattan ta'e tajaajiloonni gargaarsaa isiniif jira 1-877-605-3229 (TTY:711) tiin bilbilaa.

โปรดทราบ: หากคุณพูดภาษาไทย คุณ สามารถใช้บริการช่วยเหลือด้านภาษา ได้ฟรี โทร 1-877-605-3229 (TTY: 711)

FA'AUTAGIA: Afai e te tautala i le gagana Samoa, o loo avanoa fesoasoani tau gagana mo oe e le totogia. Vala'au i le 1-877-605-3229 (TTY: 711)

IPANGAG: Nu agsasaoka iti Ilocano, sidadaan ti tulong iti lengguahe para kenka nga awan bayadna. Umawag iti 1-877-605-3229 (TTY: 711)

UWAGA: Dla osób mówiących po polsku dostępna jest bezpłatna pomoc językowa. Zadzwoń: 1-877-605-3229 (obsługa TTY: 711)



Medicare Supplement
Small group
Large group

#### Questions? We're here to help.

Contact a Moda Health/Delta Dental-appointed agent or call us at 855-718-1767. TTY users, please call 711.

Portland office (corporate headquarters) 601 SW Second Ave. Portland, OR 97204-3156

Ind&MedSuppSales@modahealth.com ModaHealth.com DeltaDentalOR.com





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